

Gerber Good Start Infant Formula Recipes (Gentle, Protect, Soothe and Soy)

Powder

	22 calories/oz	24 calories/oz	27 calories/oz	30 calories/oz
Powder	2 scoops	4 scoops	3 scoops	3 scoops
Water	3.5 oz	6.5 oz	4.25 oz	3.75 oz
Final volume	4 oz	7.5 oz	5 oz	4.5 oz

Concentrate

(Gentle and Soy)

(1 container of concentrate = 12.1 oz)

	22 calories/oz	24 calories/oz	27 calories/oz	30 calories/oz
Concentrate	12.1 oz	12.1 oz	12.1 oz	12.1 oz
Water	10 oz	8 oz	5.75 oz	4 oz
Final volume	22.1 oz	20.1 oz	17.9 oz	16.1 oz

Nourish Infant Formula Powder

	24 calories/oz	27 calories/oz	30 calories/oz
Powder	2 scoops	3 scoops	5 scoops
Water	3.5 oz	4.75 oz	7 oz
Final volume	4 oz	5.5 oz	8.2 oz

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